

EMMSInternational
Health for Today, Hope for Tomorrow

Impact Report 2022/23

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Chair's Report

Dear Supporters and Partners,

We are thrilled to present the EMMS International Impact Report for the year 2022/23, a year that exemplified resilience, determination, and unwavering commitment to our mission of transforming lives and communities.

Despite facing unprecedented challenges, EMMS International has managed to make its highest ever expenditure on life-transforming projects. The year demanded adaptability and innovation as we navigated the ever-changing landscape shaped by the COVID-19 pandemic, global crises, and resource constraints. With your support and dedicated partners, EMMS International was able to rise to this challenge. Our response was marked by agility, strategic planning, and an unwavering focus on delivering sustainable impact.

Throughout this report, we invite you to join us on a journey of accomplishments, partnerships, and the transformative power of compassion. Together, we have reached significant milestones, expanded our reach, and made a tangible difference in the lives of vulnerable communities.

We extend our deepest gratitude to our supporters, partners, and dedicated staff for their steadfast belief in our mission. It is your trust, generosity, and shared commitment that enable us to reach new heights and transform countless lives.

Join us as we reflect on the past year's achievements, celebrate our collective impact, and set our sights on a future where healthcare is a fundamental right for all. Together, we are building a future of health and hope.

Yours sincerely,

Rev Dr John Cowie
Chair of Trustees

**89p in every £1
spent went towards
life-transforming
healthcare projects**



Duncan Centenary Vision



Reaching New Heights

Our bold vision to prepare for the centenary of the Duncan Hospital is gathering momentum, in what is our biggest programme ever. This includes building a College of Nursing, and Hall of Residence at Duncan Hospital by 2026, addressing staffing challenges by supporting vulnerable women and girls to become tomorrow's healthcare professionals, and equipping the Duncan Hospital with sustainable power supplies.

Despite initial setbacks from floods and the COVID pandemic, the construction of the College of Nursing is well underway, and the project is

on schedule. Significant progress has been made, with completed ground floor slabs, columns and staircases in the first and second floors. Materials and rising costs pose new challenges, but we anticipate completing the college building by 2024, whereafter work will begin on the construction of the accommodation. We emphasise strength tests and reinforcement material checks with our externally contracted civil engineers to ensure international safety and quality standards are met, and that the facility is built to last.

A further fundraising drive is scheduled in 23/24 to raise the final



£360,000 needed to realise this £4.5M programme. Together, we can provide quality healthcare and education in Bihar, India.

A Bigger Vision

The Duncan Centenary Vision includes:

- Supporting vulnerable girls into healthcare careers
- Developing solar power using available roof spaces on new buildings, to ensure environmental and financial sustainability and reduce carbon and pollution emissions.
- Restoring and developing Champapur clinic in Bihar to operate health & social services six days a week.

Healthcare Career Pathway

Supporting vulnerable girls to thrive



EMMS International's healthcare career pathway gives vulnerable girls an opportunity to train for and pursue a career in healthcare in Nepal, Malawi and India.

Memory's Story

Memory's father died while she was still completing primary school in Rumphi, northern Malawi. She and her five siblings were raised by her widowed mother. Despite the financial burden of finding school fees, Memory persisted and completed secondary school. Being the youngest in the family and a girl, this is an all too rare achievement.

Now married and with a child to

support, Memory is determined to make the most of her education. She has recently begun studying to become a nurse midwife technician. This was made possible thanks to financial support as part of the EMMS International Healthcare Career Pathway.

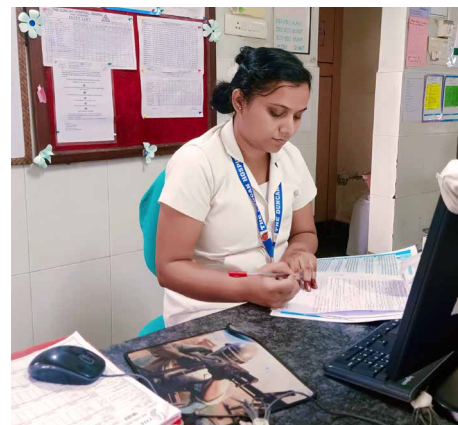
Memory's dedication comes through in her own words:

"I want to join the nursing programme to help our community health facilities and even my home country, Malawi.

"I will try my best to work hard in order to have better standards of care in our community."



The Healthcare Career Pathway exists to give an opportunity to young women like Memory who are too often denied a chance to pursue their own hopes and dreams. An investment in Memory's future is an investment in the future of her family, community and country.



69 young women supported to advance in healthcare careers

Equipped to Care

Vital signs monitors, solar power and access to clean water

Malawi

EMMS International has partnered with Mulanje Mission Hospital (MMH) for many years. In the last 12 months we have stood side by side through the cholera crisis, response to emergencies and to see the hospital continue to grow in strength.

Cholera Response

We took quick action when cholera broke out within the hospital catchment. For example, at Chinyama community a borehole was sunk within a week of the first reported cases, meaning that no one in the area had to drink from the contaminated river any more.

Solar Power

We supported MMH to upgrade solar inverters and distribute their improved, cheaper, greener electricity around the wards and facilities. These works were completed ahead of the nation-wide blackout following Cyclone Freddy.

Vital Signs Monitors

Four vital signs monitors were supplied to MMH and were quickly put to use in busy departments and wards. This includes the Non-Communicable Disease Clinic where over 100 people have their blood pressure taken every Wednesday morning.



vital signs monitors
improving patient
care



safe water supplied



hospital solar
power supplies
strengthened



SUNGUN
CHIPATALA CHAMU
MWA UKHINDO

Your Impact in 2022/23



356,093
poor and vulnerable
people helped

Healthcare Career Pathway



69 young women
supported to
advance in
healthcare careers

13 girls in India take
English classes to
access future training

1 MSc in palliative care
to enhance leadership
in Nepal

21 marginalised women
on the shores of Lake
Malawi trained

Health & Healthcare in Emergencies



Emergency response to Malawi cholera outbreak and Cyclone Freddy

8 health centres in Malawi with access to safe, clean water and sanitation

6,000 young people in Malawi with access to youth friendly health services, reducing teenage pregnancies

Reaching the Hard-to-Reach



346,185 people with improved access to healthcare

90 people in Nepal living with leprosy receiving the quality care they deserve

4 hospitals with improved power supplies thanks to solar installations and upgrades

Palliative Care



10,418 people receiving quality palliative care

57 people with life-limiting conditions and carers enjoyed a restorative holiday in Scotland

522 community workers and staff trained to improve rural care in rural Nepal



Reaching the Hard-to-Reach



Sunita

In Year 1 of the Sunita project, we achieved remarkable milestones in our project. This project was match funded with UK aid from the UK government. Our training efforts exceeded targets, equipping health workers, welfare workers, and community volunteers with a comprehensive understanding of holistic palliative care.

We witnessed a significant culture shift in attitudes towards palliative care, exemplified by healthcare staff embracing a broader definition and recognising the diverse needs of their elderly patients.

Additionally, we initiated awareness-

raising activities among 2,700 schoolteachers and pupils, setting the stage for expanded training in Year 2. Our dedicated team has been developing engaging materials, including media, videos and charts, to enhance education on palliative care in schools.

These accomplishments fuel our passion to enable a compassionate society where palliative care is embraced and accessible. With each step forward, we are making a lasting impact on the lives of those in need. Together, we can build a future where palliative care is valued and understood by all.



Care for Cure

90 people with leprosy are receiving nursing care at three hospitals in Nepal thanks to a new partnership between EMMS International and INF Nepal. The project also aims to improve community detection and awareness of leprosy with the overall goal of zero transmission, zero discrimination and zero disability.

Hope for Tomorrow

Essential care protecting girls' education



Rima (name changed), aged 17, is the eldest of three children. Her mother is a patient at EMMS International's partner, Green Pastures Hospital, receiving palliative care due to a rare, incurable degenerative condition. Three years ago, her mother's symptoms worsened, and she became bedridden before being admitted to hospital with severe pressure sores. As her father worked abroad, Rima took on the caring responsibility and household chores.

Rima shared, "My mother used to be a teacher and supported my studies while taking care of the house. When she became bedridden, I had to take over all the responsibilities in my father's absence. Unfortunately, it

affected my studies, and I failed my term examination."

Rima's father returned home to visit his wife in hospital. The family was devastated to learn her condition was incurable. They had already spent a significant amount at other hospitals searching for a cure, affecting the children's education. Relatives even suggested her father remarry.

The hospital's care and counselling provided some comfort and hope for the future. The family's hope lies in the Green Pastures Hospital, where they have received valuable care and support. Now, the father plans to return to work. Rima has learned how to dress her mother's wounds and will



care for her in his absence. Despite the challenges, Rima remains determined to continue her studies and is preparing for her final exams.

Sadly, many children, particularly girls like Rima, face educational setbacks due to their caring roles. To address this issue, the Sunita project focuses on extending palliative care to people in rural communities. This project was match funded with UK aid from the UK government. This allows patients like Rima's mother to receive care and enables girls like Rima to pursue their education without hindrance.



Hawthorn Brae Holidays Begin



31 people with life-limiting conditions and 26 of their carers were able to enjoy a restorative holiday in the new Hawthorn Brae cottage.

In 2022, final preparations were completed and Hawthorn Brae cottage in Blair Atholl began receiving its first guests. The cottage has also generated income to sustain this service through strategic commercial holiday lets. The partnership between EMMS International and VOCAL will ensure the continuation of free respite breaks for years to come.

These breaks are a lifeline to individuals and families.

“Having a child with disability means there is never enough money. So having it completely free for us means we can have some time off from thinking of how much and if we can afford it. One day in [the] North of Edinburgh is very expensive so having four days in this amazing cottage is something we could not afford. And what I have to underline is that it is so well equipped and thought of every disability and made hassle free for me as a carer. I look after my son as carer for last 8 years and thanks to this break I actually feel looked after.”

- Parent carer and her son



Restorative holidays
for **57** people





A Fundraising “Year Like No Other”

The year 2022/23 has been unlike any other in fundraising. Economic challenges, the war in Ukraine, and the ongoing COVID-19 pandemic led to fewer donations to charities. However, we adapted and focussed on acquiring new donors while retaining existing ones.

We implemented a new fundraising strategy to diversify our income sources, while continuing to work with our existing base of supporters including trusts, foundations, community fundraisers, and individuals. We also developed corporate giving and partnerships, and refocused our legacy approach.

Notable initiatives included the Champion of Change programme for regular donors, materials for corporate and legacy giving, an ambassador scheme, and our first in-person event since COVID-19, The International Festival of Nine Lessons and Carols.

We increased our appeals to three per year, including the newly created Global News to reflect the breadth and urgency of EMMS International’s work around the world. We also launched emergency appeals in response to the cholera crisis and Storm Freddy in Malawi.

Generous support uplifted funds for projects like the Duncan Centenary

Vision in India and water and sanitation efforts in response to cholera in Malawi.

Looking ahead, we remain committed to engaging new audiences and delivering vital programmes. We sincerely thank our supporters for their generosity during these challenging times, enabling us to make a difference in the lives of those less fortunate.

Laura Brown
Director of Fundraising and Communications



Financial Highlights from 2022/23



Donations & Grant Income £1,901,138 (2021/22: £667,428)

Income by category

■ Corporate & Sponsors	£ 609,157
■ Trufts & Foundations	£ 482,611
■ Institutional	£ 397,377
■ Individual Giving	£ 345,000
■ Community & Events	£ 38,741
■ Legacies	£ 28,252



Charitable Expenditure £1,430,726 (2021/22: £871,315)

Expenditure by theme

■ Reaching the Hard-to-Reach	50%
■ Palliative Care	38%
■ Healthcare Career Pathways	10%
■ Health & Healthcare in Emergencies	2%

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Giving thanks

Your generosity shines through in this report, serving as a testament to your remarkable kindness. None of the stories of transformation shared would have been possible without the unwavering support of individuals like yourself. We extend our heartfelt gratitude to you for consistently bringing health and hope to those in need. Each and every member of the EMMS International community holds a special place in our appreciation, as we value every pound donated and raised to aid our endeavors in Scotland, India, Nepal, and Malawi.

We express our sincere appreciation for the opportunity to meet with you both online and in person. Your hospitality and openness are truly commendable. A special thank you goes out to you for graciously inviting us to your churches, conferences, workplaces, and community events.

We're grateful to the following organisations and to those who prefer to remain anonymous:

Anchor Foundation; Ascent Charitable Fund; Bangor Worldwide Missionary Convention; Binks Trust; Bishop Radford

Trust, Christadelphian Samaritan Fund; CMS Social Impact Fund; Duncan Hospital Charitable Trust; Echo International Health Services Ltd; Erica Leonard Trust; Forest Hill Charitable Trust; Foreign, Commonwealth & Development Office; Grace Trust; Morel Charitable Trust; Radio Cracker; Rainford Trust; Seedfield Trust; SMB Charitable Trust; St Lazarus Charitable Trust; The James Tudor Foundation; Tillyloss Trust and Tula Trust.

Thank you!

My life-changing gift

Name

Address

Postcode

Email

I wish to make a **Regular Gift** of £ monthly/quarterly/annually (please select) to the work of EMMS International

Name of Account Holder:

Account Number: Sort Code:

Bank Name:

Date within month 1st 15th

Month to start

I wish to make a **Single Gift** for the sum of £
I enclose a cheque/postal order/charity voucher (payable to EMMS International) or use the card details provided for my one-off gift

VISA Mastercard CAF Card

Maestro Delta Amex

Name of card holder

Card number

last three digits of security number (on reverse of card)

Expiry Date / Start Date / (Issue No)

Signed

When signing up for a new regular gift there are optional benefits in recognition of your commitment as a **Champion of Change**. Please select any that you would like to receive.

- An exclusive enamel pin badge
- A quarterly email update on the impact of my gift
- Invitations to exclusive online 'Champion Thank You' events

giftaid it

Increase your gift by 25p of Gift Aid for every £1 you donate. Gift Aid is reclaimed by the charity from the tax you pay for the current tax year. Your address is needed to identify you as a current UK tax payer.

Yes, I want to Gift Aid my donation and any donations I make in the future or have made in the past 4 years to EMMS International. I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax in the current tax year than the amount of Gift Aid claimed on all my donations it is my responsibility to pay any difference.

Date: / /

EMMSInternational

Health for Today, Hope for Tomorrow

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TO GOOD FUNDRAISING
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