

बच्चों का जाँच, टीकाकरण | महिला जाँच

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EMMSInternational
Health for Today, Hope for Tomorrow

**Annual Report
2021/22**



गर्भवती महिलाओं का जाँच
प्रत्येक दिन
सिंगुला टिककरण प्रत्येक दिन
(सोमवार से शनिवार तक)

किसी प्रकार का सामान
अस्पताल परिसर में बेचना अस्मृत
मना है।
अस्पताल परिसर में मोज़ के साथों
के सिवाय किसी अन्य व्यक्ति का
घुमना मना है।

(21)
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2. बच्चों क
प्रत्येक दिन-सोमवार से
समय-सुबह 8:30 से दोपह



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Chair's Report

Dear friends,

We've been through a lot in the last year and that makes the contents of this report that much more encouraging. We've continued to adapt to COVID-19 as the world reopened and the financial cost of the pandemic began to bite. The Russian invasion of Ukraine has had devastating consequences, and the economic ripples span the globe. The real life cost of the climate crisis and cuts to aid budgets continue to mount.

Yet it is against this background of global crises that your generosity has allowed EMMS International and its partners to continue to offer health and hope in hard-to-reach communities. 246,276 people in Scotland, Malawi, India and Nepal have benefitted from your kindness this year - thank you. Together, we're making progress towards the Sustainable Development Goals, which is so important given the ground lost as a result of the pandemic.

The Sunita project has sprung into action to bring palliative care services to rural communities in Nepal. Duncan Hospital is building for the future with a new College of Nursing in Northern India. In Malawi, we give thanks for improved palliative care as the Chifundo project drew to a close. The new teenage pregnancy prevention project is protecting the health and future of girls in Malawi and has made a significant impact. We remain committed to building stronger healthcare systems to provide for care for COVID-19 and in future crises. Closer to home, the opening of Hawthorn Brae cottage will provide a place of rest and rehabilitation for years to come.

Some of these journeys are just beginning, others are coming to an end, but each one is making progress to bring sustainable, quality healthcare within reach of those who need it most. And you're helping to make that happen.

Thank you!

Rev Dr John Cowie
Chair of Trustees





52% of people helped in 2021/22 were female and our latest projects will see this grow in years to come

New Opportunities to Show Every Girl Matters

Nepal

Sunita Project Launches

As 2021/22 drew to a close we were busy preparing for the launch of the Sunita project. This landmark initiative to extend access to palliative care in rural Nepal is made possible by your donations and match funding from the UK government.

Your support of the Every Girl Matters appeal helped raise over £3.2 million, including £1,615,878 in match funding from the UK government. When the

project start date was postponed by delays in UK aid funding, EMMS International stepped in to help our partners in Nepal bridge the funding gap, maintain palliative care services and prepare for the launch of the Sunita project.

During this time 142 patients and their families received care and support and 37 staff and volunteers received specialist training.



India

Breaking Ground for Duncan Hospital College of Nursing

Following delays brought on by the coronavirus pandemic, we were delighted to break ground at Duncan Hospital for the construction of a brand new College of Nursing.

The college will give girls in rural Bihar the opportunity to train for healthcare careers and pursue their own hopes for the future. At the same time, it will build the local healthcare workforce for a massively under-served section of society.

Reaching Milestones of Care

UK

A new era for Hawthorn Brae

In 1898, EMMS was gifted Hawthorn Brae, a substantial home in Duddingston, Edinburgh, for the purpose of providing rest and care to those of poor health.

In 2021 that legacy of care was secured indefinitely when the Hawthorn Brae fund was transferred to VOCAL to purchase and equip holiday accommodation for short breaks for people with life-limiting conditions, of limited means, living in Edinburgh.

In 2022, final preparations were completed at Hawthorn Brae cottage in Blair Atholl. The partnership between EMMS International and VOCAL will ensure the continuation of free respite breaks for years to come.

Malawi

Specialist Care Countrywide

The Chifundo project came to completion in June 2021, the culmination of a decade of EMMS developing palliative care in Malawi.

Your support has played a major part in helping Malawi improve the integration of palliative care into nationwide healthcare, so much so that Malawi reached the same level of integration as the UK, as recognised in the Global Atlas of Palliative Care.

Your support of the 2017 Every Life Matters appeal and match funding from the UK government have made all of this possible.



Palliative care facilities
set up in all of
Malawi's **28** districts



Teenage Pregnancy Prevention

Responding to the wider impact of COVID-19



The global pandemic closed schools around the world and placed millions of households under extreme social and financial pressure. As a result, in parts of Malawi, teenage pregnancy rates doubled.

In 2020, there were over 1,000 teenage pregnancies in the catchment of EMMS partner, Mulanje Mission Hospital. Over the last year, EMMS International has worked hand-in-hand with MMH to protect girls' education, health and futures in Malawi.



484 girls supported through pregnancy



54 girls with babies enrolled in vocational training



90 'male motivators' trained to promote gender equity



1,215 traditional leaders, church elders and parents trained



1,405 youths tested for HIV



9 radio programmes sharing positive health messages

Teenage pregnancies reduced by half during 2021/22 in Mulanje Mission Hospital area





Your Impact in 2021/22



246,276
poor and vulnerable
people helped



153
healthcare staff
trained

Healthcare Career Pathway



46 people
training for
healthcare
careers

17 new or continuing
students in India

21 finishing diplomas
in Malawi

2 women have gone
on to further studies
- BSc in Paediatric Nursing
and Masters in Nursing.

6 medical students
in Malawi

**Broken ground
for new College
of Nursing in
Bihar, India**



Continued **124 year**
legacy of care in
new Hawthorn Brae
partnership



1,100 pupils
at 6 schools in
Malawi with
improved
knowledge of
sexual health and
girls' rights



18,959
people
received
emergency
healthcare

including COVID-19
response



12,197
palliative
care patients
cared for

and 60,985 family
members supported

7 TB committees
protecting their
communities





Hope Restored

Malawi

"I was wasting away and not healthy." That's how 24-year-old Charity described herself when she arrived for care from EMMS International's partner, Nkhoma Mission Hospital.

She lives in the rural outskirts of Lilongwe, Malawi's capital city. She was married young and shortly after giving birth to her daughter she began to feel unwell. The following year she learned that she was HIV positive and so was her daughter, having contracted the virus from her husband.

Since then, health has become a constant battle for Charity. She was diagnosed with tuberculosis and skin

cancer on her upper palate in the same year.

At this point she was registered as a palliative care patient. As a partner of EMMS' Chifundo project, Nkhoma Mission Hospital was able to provide her with the care she deserved.

"Palliative care really welcomed me and treated me very well. There was a bond between me and the people who work there. I always felt safe when I saw your faces. You never lie to me and tell me exactly what needed to be done so that my life can be improved."

Charity received the medications and nutritional support she required

to regain her strength. Throughout her time as a palliative care patient she has received psychosocial care and emotional support. Through hospital appointments and home visits, Charity received the care she deserved.

Charity is one of many people across Malawi who benefit from quality, accessible palliative care as a result of the Chifundo project. It was made possible by your generosity and match funding from the UK government. And Charity's own words best describe the impact you have had:

"I had no hope but you brought hope to my life and now I am a smiling and healthy young mother. Thank you."

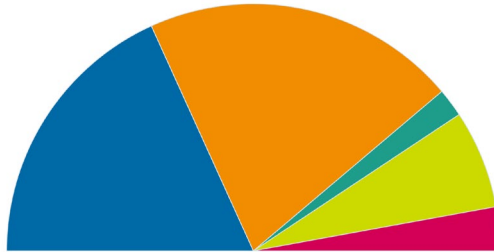
**87p in every £1 spent went
towards life-transforming
healthcare projects**



Financial Highlights from 2021/22

Donations & Grant Income £667,428

(2020/21: £2,456,949)

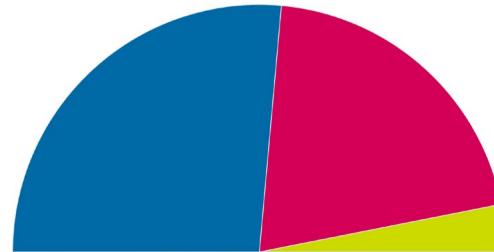


Income By Category

| | |
|----------------------|-----------|
| Individual Giving | £ 243,146 |
| Trusts & Foundations | £ 275,258 |
| Community & Events | £ 24,812 |
| Institutional | £ 85,973 |
| Legacies | £ 38,239 |

Charitable Expenditure £871,315

(2020/21: £1,208,472)



Expenditure By Country

| | |
|--------|-----------|
| Malawi | £ 460,507 |
| India | £ 356,848 |
| Nepal | £ 53,959 |

2020/21 was a record year thanks to the generous response to the Every Girl Matters appeal and the opportunity of donations being doubled by the UK government. However, the UK government's decision to delay the start of Sunita means the institutional income and Nepal project expenditure did not begin this year as planned. We have also seen the impact of the wider financial climate and are incredibly grateful for the support rendered in 2021/22.



Stronger for the Road Ahead



Malawi, India & Nepal Through the Pandemic, and Beyond

The coronavirus pandemic has not disappeared, nor have the numerous healthcare challenges that were being wrestled with before it arrived. EMMS International is committed to working with its partners to build healthcare systems which are fit for the present and ready for the future.

The impact of COVID-19 greatly affected our work in 2021-22, as it did in 2020-21, and we have continued to support all of our partners in adapting and maintaining their services during the pandemic including through COVID-19 treatment and care, vaccine education and provision of personal

protection equipment for all project staff.

Now we move to a new phase of Living with COVID Long-Term, whereby we aim to help our partners overseas take more measures such as improving water and sanitation, to reduce current and future impacts of COVID-19. We shall continue to provide support needed for COVID-19 treatment and suppression, and adapt our programme plans to the challenges caused by rising inflation due to the impact of Russia's invasion of Ukraine.



Malawi A Thorough Approach

Mulanje Mission Hospital continued Mokwanira ("Thorough" in Chichewa), establishing TB detection committees, improved water and sanitation in health centres, and improved facilities, including solar power, in the hospital. We started to tackle Teenage Pregnancy and COVID-19 vaccine hesitancy, and helped the hospital run an Emergency Treatment Unit for COVID-19.

Giving thanks

This report is a testament to your generosity. We could not have achieved any of this transformation without the kind support of people like you. Thank you for continuing to bring health and hope. We're continually thankful for every member of the EMMS International community. We appreciate every pound given and raised to support our work in Scotland, India, Nepal and Malawi.

Thank you for meeting with us online and in person. A special thanks for inviting us to your churches, conferences, workplaces and community events.

We're grateful to the following organisations and to those who prefer to remain anonymous:

Allan and Nesta Ferguson Charitable Trust, Ascent Charitable Fund, Binks Trust, Coles Medlock Foundation, Duncan Hospital Charitable Trust, Echo International Health Services Ltd, Forest Hill Charitable Trust, Foreign, Commonwealth & Development Office, James M McNab Trust, Matrix Causes Fund, Norman Berry's Kola'a Trust, Pollock Memorial Missionary Trust, Radio Cracker, Robert Haldane Smith Charitable Foundation, Seedfield Trust, Sevenhills Wholefoods, Souter Charitable Trust, The Dorothy and Peter Millar Charitable Trust, The Kirby Laing Foundation, The True Colours Trust, Tillyloss Trust, Tula Trust, Veta Bailey Charitable Trust, Wootton Grange Charitable Trust.

Thank you!



My life-changing gift

Name

Address

Postcode

Email

☐ I wish to make a **Regular Gift** of £ monthly/quarterly/annually (please select) to the work of EMMS International

Name of Account Holder:

Account Number: Sort Code:

Bank Name:

Date within month 1st 15th

Month to start

☐ I wish to make a **Single Gift** for the sum of £
I enclose a cheque/postal order/charity voucher (payable to EMMS International) or
use the card details provided for my one-off gift

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☐ Maestro ☐ Delta ☐ Amex

Name of card holder

Card number

last three digits of security number (on reverse of card)

Expiry Date / Start Date / (Issue No)

Signed

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- ☐ A quarterly email update on the impact of my gift
- ☐ Invitations to exclusive online 'Champion Thank You' events

giftaid it

Increase your gift by 25p of Gift Aid for every £1 you donate. Gift Aid is reclaimed by the charity from the tax you pay for the current tax year. Your address is needed to identify you as a current UK tax payer.

☐ Yes, I want to Gift Aid my donation and any donations I make in the future or have made in the past 4 years to EMMS International. I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax in the current tax year than the amount of Gift Aid claimed on all my donations it is my responsibility to pay any difference.

Date: / /

EMMSInternational

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