



**EMMS**International  
Health for Today, Hope for Tomorrow



**Annual Report  
2020/21**



**A year like no other?**





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**“Rejoice in hope,  
be patient in  
tribulation,  
be constant in  
prayer.”** Romans 12:12

# Chair's Report

Dear friends,

Last year was not the year any of us had imagined. Plans were changed, put on hold or cancelled altogether. "A year like no other" quickly became something of a mantra when life changed significantly as the world responded to the coronavirus pandemic. For our healthcare partners, coronavirus was just the latest emergency stretching an already overburdened healthcare system. For the communities they serve, it was another hurdle to overcoming the cycle of sickness and poverty.

While this wasn't the year we had planned for, we were delighted that your generosity helped tackle the hardships of the pandemic. Your support has been a lifeline in the year behind us. It has been a source of hope and encouragement to frontline healthcare workers, providing emergency responses to the pandemic while, at the same time, strengthening local healthcare systems to be ready for further crises.

In a year of challenges, the Every Girl Matters appeal was a pinnacle of kindness and generosity and we look forward to all that will be achieved through the Sunita programme in Nepal over the years to come.

While normality may be returning for some of us, the pandemic is far from over in the communities we serve, where other healthcare challenges have gone unchanged or even worsened. Your continued prayerful support therefore remains vital in the years ahead.

Thank you!



Angus McLeod  
Chair of Trustees

2020 >

# A year like no other?



## Global Pandemic

The WHO declared the COVID-19 outbreak to be a global pandemic.

Mar

11





**Your support provided  
COVID-19 treatment and care  
for 18,618 people**



**Duncan Hospital goes greener** with more solar capacity coming online to help it to reduce running costs and impact on the environment.

Mar  
31

# Every Life Matters in a Global Pandemic

## Coronavirus Response

Our partners in Malawi, India and Nepal responded quickly to the spreading pandemic. They all have experience of responding to healthcare emergencies because of frequent natural disasters or regular health crises.

For each of them, the emergency response meant stopping the spread of the virus, protecting frontline workers and caring for those who contracted coronavirus.

At the same time, they protected their communities from the indirect effects of the virus that came as a result of lockdowns and economic shocks. All this while trying to maintain vital healthcare services, COVID-19 was not the only crisis they were responding to and resources were already far too limited.



Malawi



India

## Ready for Every Crisis

Coronavirus has been a prolonged emergency, and resource-poor countries may be battling this for some time to come. They also respond to emerging crises, particularly those caused by extreme weather such as floods and landslides.

Having reliable hospital facilities means being ready to save lives. Over the past year your support has helped Duncan Hospital and Mulanje Mission Hospital to switch to renewable energy supplies and improve their water supplies.



**Emergency COVID-19 appeal launched.** With your help, a total of £197,408 was sent to support our frontline partners in their response to the pandemic.

Apr  
22



**Emergency food and hygiene supplies** are distributed by Duncan Hospital to protect households from COVID-19 and the impact of lockdown.

Apr  
29

April  
2020



# A Stitch in Time

A tailored solution to Malawi's COVID crisis 

Joseph Matosa is a 21-year-old man born and raised near Mulanje Mission Hospital. From primary school, Joseph assisted his father with his tailoring work. He worked hard at Mulanje Mission Primary School and was selected to attend a government secondary school.

Although he faced numerous challenges at school due to his economic status, he finished secondary school with very good grades. However, by the time he came back home from school, his father had left for greener pastures in South Africa, leaving his family without any support.

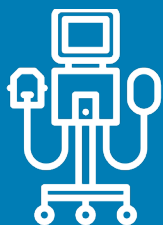
Joseph tried to get into the University of Malawi but, despite his good grades, he was not selected. Admission into private universities wasn't an option because he couldn't afford the fees.

He opted to stay at home and use the skills he acquired from his father to survive. Now he mends torn cloths and makes school uniforms, which brings in just enough money to survive.

Thanks to your support of the COVID-19 emergency appeal, Mulanje Mission Hospital was able to hire Joseph to help manufacture PPE. Joseph worked very hard, starting with face masks and later, after reaching the target, he started working on gowns.

He managed to earn a good amount of money in a short period of time. Joseph remains committed to his goal of completing tertiary education. As such, he has invested his money in his business. He hopes that the income he gets from selling clothes that he is currently making can help him reach his goal.

# Your support provided...



**1**  
ventilator



**50** hand  
washing  
stations



**7** solar  
water  
heaters



**4,170**  
PPE kits



Enhanced support  
for **9,866** palliative  
care families



**Masks and other PPE** are produced by local tailors to protect frontline workers at Mulanje Mission Hospital and the local government hospital.

May

**1**

Jul

**12**



**450 miles** by bike as Fiona Davies marks her birthday with a socially distanced fundraiser.



Evelyn Cook prepares for her **“In memory” fundraiser** – cycling 400 miles to fundraise for EMMS’ COVID-19 appeal.

Jul

**31**



**Home visits for vulnerable patients** become a priority for Green Pastures Hospital during Nepal's prolonged lockdown.

Aug

1

Aug  
2020

## Care Through the Crisis

### Continuing to care through COVID lockdowns



Nepal

"Luna" and her husband have known a great deal of hardship in their lives. They live in a slum area of Pokhara, Nepal. Their two sons died from drug-related problems, and Luna turned to alcohol to cope with depression. Some years ago, she had a stroke which led to paralysis. A neighbour told them about Green Pastures Hospital, and Luna was admitted by the palliative care team for rehabilitation, which improved her ability to walk and feed herself.

Luna was discharged for follow-up care at home. A GPH community nurse reflects, "I remember when I visited their room - the small dark room was

empty except for one bed in a very poor condition but still this husband and wife looked happy". Her husband lovingly takes care of her and household chores. They have struggled with little money for food, medicine and other necessities.

Your support meant that the GPH palliative care team could support her treatment costs and, working with the local community, provide materials to improve their home. They are very happy and grateful, saying this had "brought colours of happiness and joy in their hearts and lives". The team also provided blankets, warm clothes

for the cold winter, food supplies, and other basic necessities. Luna's husband learned about practical care so that he can continue to care for her and he received emotional and psychological support too.

Love and compassion have made a difference, and they look much happier than they did before. Luna continues to improve and is committed to her exercises. Your support helps the PC team to provide ongoing care through home visits and regular phone calls, a lifeline during COVID-19 lockdowns.



Sept  
2020



**Student elective bursary ends.** Travel restrictions mean that trainees can't complete overseas placements. With EMMS's **focus on training local healthcare workers**, it's a good time to bring the bursary scheme to an end.

Sep

11

Sep

24



**A legacy of care.** Dr Ratankumari's legacy goes to the College of Nursing Project at Duncan Hospital to equip and inspire a fresh generation of healthcare workers.

# Every Girl Matters

## Malawi

### Teenage Pregnancy Crisis

As schools began to reopen in Malawi, the wider impact of the pandemic became clear. Early pregnancies and child marriage continue to deny girls their right to education and shatter their hopes for the future.

Your support helped Mulanje Mission Hospital staff to step up their efforts to care for girls in their community. They're working in the community to tackle harmful practices and encourage young people to make healthier choices.

They're also working with teenage mothers to ensure they get the care they need during and after pregnancy. This includes helping them to return to school or do vocational training, where possible.

## Nepal

### Rural Healthcare Restores Hopes of Girl Carers

Sunita's story was at the heart of the Every Girl Matters appeal. She's a young girl in Nepal who had to drop out of school to care for her parents. Her situation is sadly all too common because of insufficient healthcare services for people with life-limiting illnesses in rural areas.

When her parents received the care they needed from EMMS International's local partner INF Nepal, Sunita was able to return to school and break free from the cycle of sickness and poverty. Thanks to your amazing response to this appeal, more families will get the care they need, restoring the hope of education for a brighter future.

We're delighted that the campaign has raised over £3.2 million, including £1,615,878 in match funding from the UK government. These vital funds will improve rural healthcare and girls' access to education in rural Nepal, both of which have been badly affected by the coronavirus pandemic.



**3,923 girls** don't return to school after pandemic closures in Malawi because of **pregnancies and early marriages**.

Oct  
2020



Oct  
12





**Donations doubled**  
as the UK government  
backed the Every Girl  
Matters appeal for rural  
healthcare in Nepal.

Matching your  
donations with



**UKaid**

Nov  
20

Nov  
2020





 **UK begins COVID-19 vaccinations.** It will be another 3 months before vaccines are available in Malawi.

# Healthcare Heroes

Raising up more workers with stronger skills

## Malawi

### Specialist Care Countrywide

The Chifundo project drew towards its close during this year with much to celebrate. There are now 30 health facilities across Malawi providing good quality, free palliative care by specially trained staff. 26 of these facilities are new palliative care sites, extending vital services into hard-to-reach communities.

A mixture of degree-level and skills placements means a specialist workforce is now serving across Malawi. As a result, 63,516 people are receiving the medical, psychosocial and nutrition support they require and deserve.

Your support of the 2017 Every Life Matters appeal and match funding from the UK government have made all of this possible.



## India

### Brighter Future for Rural Girls

Duncan Hospital supported 17 young women into health profession studies. That included helping six girls gain certificates in English so that they could qualify for these further studies. Three young women are working towards a diploma in medical lab technology and another 14 are training as auxiliary nurse midwives. All will graduate in the next two years and join the healthcare workforce.

This is the first time the hospital has witnessed girls opting for science, which is very uncommon in the local community.

Your support is raising a new generation of healthcare workers and changing the outlook for girls in rural north India.

**“Girls are systematically discriminated against at every stage of their lives and, to combat this, it's very important to help girls and empower them, so that tomorrow they can stand on their own feet.”**

Dr Vandana Kanth



**TB detection & prevention** stepped up in Malawi along with other core health and hygiene improvements in mission and government hospitals.

Dec  
12



**43,481**  
poor and vulnerable  
people helped

## Numbers that matter, because every life matters

In 2020, EMMS International took the decision to live out even more intensively the UN's Universal Principle of Leave No One Behind. This has meant more emphasis on improving services for the hardest-to-reach palliative care families, on supporting vulnerable women into healthcare careers, and on emergency healthcare, including preparing health facilities to cope with COVID-19.

Concentrating efforts means deliberately and consciously spending more money per person reached and supported, and recognising that we will reach fewer people per pound hard spent. We make every effort to count the impact of your donation carefully and report it accurately because every gift matters and every life matters.

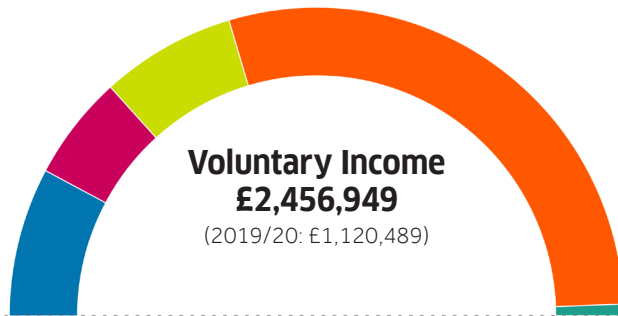
Dec  
12



EMMS' CEO and staff from Mulanje Mission Hospital join **online meeting with Scottish, UK and Malawian ministers and parliamentarians** to brief them on our COVID-19 response.



# Financial Highlights from 2020/21

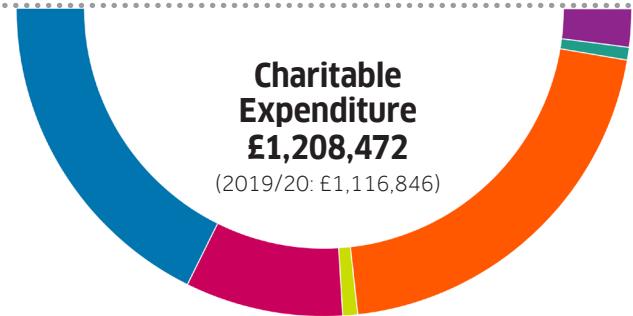


## Income By Category

Individual Giving	£ 383,392
Legacy	£ 270,393
Institutional	£ 348,813
Trusts & Foundations	£1,424,575
Community & Events	£ 29,776

## Expenditure By Country

Malawi	£ 427,440
India	£ 200,428
Nepal	£ 18,945
UK	£ 497,195
Student Elective Bursaries	£ 16,160
Communication & Advocacy	£ 48,304



Due to the generous response to the Every Girl Matters appeal and the opportunity of donations being doubled by the UK government, a number of large donations were made toward the end of the financial year which will be spent in the coming financial year.



# Stronger for the Future

As we move into another year, the pandemic is far from over, particularly for countries where vaccines are mostly out of reach. Our partners continue to battle malaria, TB, HIV, non-communicable diseases and gaps in other essential healthcare services. Your support is helping them build stronger healthcare systems to meet the needs of their local communities.



**Teenage Pregnancy Crisis Response** begins at Mulanje Mission Hospital and Malawi schools are closed again for COVID-19.

Feb

1

Feb  
2021





## Malawi

### Protecting Health, Saving Lives

The Mokwanira (“Thorough”) Project which launched this year will continue to support partners in southern Malawi to improve access to healthcare and clean water and fight the spread of deadly infectious diseases like tuberculosis and coronavirus.



## Nepal

### Bridging the Gap

The Sunita Project will now start in April 2022 following delays in UK Aid spending. Throughout the year ahead your support will protect and extend vital services and make the most of the new Palliative Care Centre of Excellence to provide essential care to people with life-limiting illnesses.

**x2**  
Last day of match funding for the appeal sees a grant of £50,000 and the last matched gift was £10 - every gift a life-changing amount.

Feb  
19

Mar  
2021




## UK

### Caring Close to Home

Our exciting new partnership with VOCAL continues indefinitely the legacy of care provided by the Hawthorn Brae Trust. With the donation of this historic and significant fund, VOCAL will purchase and equip holiday accommodation for short breaks for people being cared for, who live in Edinburgh.

An opportunity for cared-for people and their carers to be together in a different environment is vital to their physical and mental health. Thus this fund comes full circle to become again a house for breaks for those “requiring rest and quiet, pure air and good food”, just as was intended when the benefactor bequeathed her house to Edinburgh Medical Missionary Society in the nineteenth century.



## India

### Training Future Healthcare Workforce

Duncan Hospital will be supported to continue their ambitious plans for a new nursing college thanks to generous gifts made during the last year. This will not only help build a skilled workforce, but also provide the possibility of a skilled career to young women who are often denied such opportunities.



**A new partnership at home** to provide respite holidays for people being cared for and their carers was launched to continue the Hawthorn Brae fund's legacy of care.

Mar  
20



# Giving thanks

We could not have achieved any of this without the wonderful support of people like you. Thank you for standing with our partners in a year which has been like no other in many ways. Thank you for adapting to online meetings, for inviting us along to your church and community meetings, for organising your own fundraisers whilst observing lockdown guidelines and for signing up for crazy virtual Annapurna Circuit or Everest Challenges. Praying together online has brought a community of people together from different parts of the UK and overseas too – it has been a rich experience as we have heard from our partners on the frontline.

A big hurrah for the Royal College of Physicians of Edinburgh, Professor Jason Leitch, Pentland Medical Practice, the Inner Wheel, Tiso, Braemar Mountain Sports, the Glasgow Academy, Jeremy Balfour MSP, John Mason MSP, Andy Wightman (former MSP), Dr Andy Murray, Gordon and

Jackie Mackay and everyone who gave so generously of time and gifts during our “Every Girl Matters” UK Aid Match appeal.

And we are humbled by the prayer and faithful support from many churches during this challenging year. Thank you.

We’re grateful to the following organisations and to those who prefer to remain anonymous: Ascent Charitable Fund; Canning Trust; CLN Trust Fund; Coles Medlock Foundation; Duncan Hospital Charitable Trust; Echo International Health Services Ltd; Foreign, Commonwealth & Development Office; Forest Hill Charitable Trust; Norman Berry’s Kola’a Trust; Radio Cracker; Robert Haldane Smith Charitable Foundation; Seedfield Trust; Sevenhills Wholefoods; Souter Charitable Trust; The Dorothy and Peter Millar Charitable Trust; The Kirby Laing Foundation; The True Colours Trust; Tula Trust; Wootton Grange Charitable Trust.



We ended the year full of gratitude for your generosity and kindness. **Thank you!**

# My life-saving gift

I would like to give a single gift of  £25  £50 or

I enclose a cheque/postal order/charity voucher (to EMMS International)

Please charge my credit/debit card

Card Number

Security Code

Name of Account Holder

Expiry Date  /  Start Date  /  Issue no

Signature

I would like to give a regular gift of  £8  £16 or

Please deduct from my account every  month  quarter  year

Account Number  Date within month  1st  15th

Sort Code  Month to start

I would like to help more people by increasing my donation by 5% annually e.g. this would be 40p on a gift of £8 each month

Name of Account Holder

Name of Bank

*giftaid it*

## Boost your donation

by 25p of Gift Aid for every £1 you donate. Gift Aid is reclaimed by the charity from the tax you pay for the current tax year. Your address is needed to identify you as a current UK tax payer.

Yes, I want to Gift Aid my donation and any donations I make in the future or have made in the past 4 years to EMMS International.

I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax in the current tax year than the amount of Gift Aid claimed on all my donations it is my responsibility to pay any difference.

Date:  /  /

## Thank you.



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