

**EMMS**International  
Health for Today, Hope for Tomorrow

Leave a  
**Gift in  
Your Will**  
to give health & hope

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# WELCOME

It is a very great privilege to be part of a Christian charity with such a rich history of sharing health and hope - serving the world's poorest communities. Today we are working with our partners in Scotland, Malawi, Nepal and India in hard-to-reach places as well as places like Duncan Hospital and Mulanje Mission Hospital. From its foundation in 1841, to the present day, our work is underpinned by the kindness of people like you. People who believe that every life matters – a community who stand together for health for today and hope for tomorrow.

Among that community is a very special group who have chosen to leave a lasting legacy by making a gift in their will. This booklet shares some of the stories of lives which have been transformed by their kindness. I'm inspired by their generosity and the impact it has made. If you too are inspired, and would like to help EMMS International continue our visionary work for years to come, we'd be honoured to talk to you about leaving a gift in your will for health and hope, with the knowledge that EMMS International is a faithful, trusted and respected custodian.

Dr Cathy Ratcliff  
CEO and Director of International Programmes  
EMMS International



# THE POWER OF YOUR WILL

Your will makes sure your loved ones are looked after and that the causes that matter most to you are remembered too. Having a will and keeping it up to date makes sure that your estate is shared in line with your wishes and without ambiguity.

You could make leaving a legacy of health and hope part of your will. EMMS International works with trusted local partners across Scotland, Malawi, Nepal and India to give access to quality healthcare where it is needed most.

A gift in your will to EMMS International will allow this vital work to continue into the future. Our core approach to strengthening healthcare includes:

- 1 Healthcare for the hardest-to-reach**
- 2 Building the healthcare workforce**
- 3 Crisis-ready healthcare**

A gift in your will allows us to do the hard work of building healthcare systems in remote and underserved communities. It means we can commit to the long-term process of training future generations of doctors and nurses. It means when disaster strikes, our partners are better prepared and can quickly respond where the need is greatest.

All of this goes to say a gift to EMMS International will have a lasting impact on the lives of others. We give you our promise to use your gift wisely and carefully to share health and hope with as many people as possible.

## Our promise to you

**We will use your gift carefully.** We always endeavour to be good stewards of the gifts that are given to us so that they have the greatest impact.

**We will protect your privacy.** A will is a very personal document and we don't expect you to share your decision with us.

**We will respect your wishes.** We understand that there are family, friends and other causes that are dear to you. You can change your will at any time.



**Your support means people always have a caring place to turn to in their hour of need.** Everyone has a right to access healthcare and should be able to do so without pushing themselves further into poverty.

# HOW YOUR WILL CAN CHANGE LIVES

## HEALTHCARE FOR THE HARDEST-TO-REACH

In rural Nepal, with limited accessible healthcare, cancer diagnoses are often made late or not at all, when the cancer is well advanced, making each case devastating. The cost of travelling for tests and often futile treatment can add up to a crippling debt for families.

Without support, girls in Nepal are more likely to miss out on education because of caring responsibilities at home.

For Maya, 12, being a carer not only means looking after her mother, but also for her wider family, rising early to clean, prepare meals and fetch water instead of going to school.

Quality healthcare not only lifts the burden from young ones like Maya, but it restores health and strength so that families can continue to support and care for one another.

Your support brings quality care at or close to home for people in rural communities and improves care in urban areas. You can help bring essential care today and protect the hopes of future generations.

## BUILDING THE HEALTHCARE WORKFORCE

Bihar, one of India's poorest and most populous states, has one of the country's smallest healthcare workforces. Just 17 healthcare workers for every 10,000 people - by comparison the UK has 58 doctors alone for the same population in addition to many other health professionals.

The task of building the healthcare workforce to meet the needs of the world's poorest communities requires long-term effort. But we go further as we select vulnerable young women and help them train for good jobs. These young women gain status, income and respect, while serving their communities' healthcare needs.

In 2022, work began on building a brand new college of nursing at Duncan Hospital. Not only will it raise up a new generation of vital nurses and midwives, but also it will give girls in rural Bihar the chance to pursue healthcare careers.

This was made possible because of gifts left to EMMS International in the wills of people who were passionate about transforming lives through quality healthcare.



## CRISIS-READY HEALTHCARE

Malawi bears the brunt of the climate crisis with increasingly extreme weather. Floods contaminate water supplies and storms cripple electric supplies. Healthcare services are essential in times of emergency and need to be ready to respond quickly.

Support like yours has meant we've been able to install reliable solar power at Mulanje Mission Hospital, making the hospital stronger in times of crisis and more sustainable throughout the year.

Your support means rural clinics in Malawi can have access to safe, reliable water. A special gift in your will could help install solar power to ensure hospitals keep running throughout times of crisis.



# A LASTING LEGACY AT HOME

## **HISTORIC ROOTS**

EMMS International traces its roots back to the Edinburgh Medical Missionary Society. It was founded in 1841 with a purpose of training and equipping doctors for Christian service overseas. Dr David Livingstone was a corresponding member and part of the rich tapestry of the society's early membership.

EMMS trainees served around the world and were responsible for the development of some of the earliest healthcare systems. Many gave their lives in service of others.

Even in its earliest days, that care was also expressed close to home. The Livingstone Dispensary was set up in Edinburgh's Cowgate to provide care for some of the city's poorest citizens.





*other... windows, gasoliers, gas brackets and generally all fixtures in and about the said villa and grounds to be recaptured and used as a Convalescent Home to be known as "The Hawthorn Brae Convalescent Home" for the use of poor people of good character resident in Edinburgh or in the Parish of Duddingston recovering from illness and requiring rest and quiet, pure air and good food and who are unable to procure for themselves the benefits afforded by the Home, and I appoint the Directress of the*

## CARING FOR FAMILIES

Every gift, of whatever size, has the potential to transform lives for years to come. One such gift with a remarkable impact was made in 1892, and its legacy continues today.

The Hawthorn Brae villa was left to the Edinburgh Medical Missionary Society (now EMMS International) by Margaret Sanson, with instructions that it should be used as a place of rest, recuperation and spiritual care for those who were poor, of ill-health and living in Edinburgh.

On 26 May 1894 the home was opened and applicants were examined at the EMMS Dispensary in Edinburgh's Coogate, where doctors were to be trained for missionary service.

By October 1895 it had served the needs of 186 women and children. It served hundreds more until it was put to service by the Allied troops during both World Wars as a military hospital.

The house was later sold and the proceeds went to establish the Hawthorn Brae Trust, which continued to fund respite breaks for people in Edinburgh with chronic and life-limiting illnesses.

The legacy lives on, 130 years later, when in 2021, EMMS International entered a partnership with VOCAL to continue indefinitely the legacy of care provided by the Hawthorn Brae Trust by purchasing holiday accommodation in Scotland, equipped for short breaks for people being cared for, their families and their carers.



Images: The Cowgate Dispensary (opposite), Hawthorn Brae villa and an excerpt from Margaret Sanson's will (above) and the new holiday house (below).

# LEAVING A GIFT IN YOUR WILL

The make-up of your Will is a very personal decision. Here is a little information to help you as you make that decision.

**Choose a gift that is right for you.** The decision is yours and there are a number of different ways to include a gift to EMMS International in your will including:

- A share of your estate - this allows you to easily balance your giving with what you want to leave for your family. This is a percentage of the value of your estate after any specific gifts or expenses are paid.
- A specific sum - this is a set amount of money and is given before any remaining estate is shared.
- A specific item - your treasured possession could give health and hope to others.

**Talk to your solicitor.** Your solicitor can help you through the whole process and make sure you understand any implications of your preferred giving. They can also advise on how a donation in your will can reduce Inheritance Tax. You will find our contact information and charity details on the back of this booklet should your solicitor require them.

**We're here if you need us.** We understand that this is a personal decision and we will never pressure you. But this is an important decision and if you would like any further information or clarification we are very happy to talk with you. You are under no obligation to inform EMMS International of your planned giving, though we would love the opportunity to say thank you!



**Your support means specialist care for people with cancer.** By helping train palliative care specialists you make sure care doesn't stop when there isn't a cure.

# **EMMS**International

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