

GLOBAL NEWS

News from the UK and beyond



CARE FOR TOMORROW

This edition of 'The Global News' features EMMS International's ground-breaking work to empower women, address gender inequality's impact and foster sustainable care in the world's poorest communities.

For many communities in Zambia, Nepal, India, Malawi and Rwanda, a shortage of healthcare workers is acutely felt. By investing in the education of vulnerable women and girls, together we can support them to fulfil their aspirations while sharing urgently-needed expertise.

"EMMS International has a century-long legacy of supporting women into medical and healthcare careers. Today, with your help, we're continuing to transform lives by supporting vulnerable women on their journey through our Healthcare Career Pathways."

Cathy Ratcliff,
EMMS International CEO and
Director of International
Programmes

Bright Futures

As the main breadwinner for her family, Comfort's* hopes of training to become a paediatric nurse seemed an impossible dream. With the help of supporters like you, together we have turned them into reality.

Comfort joined our Healthcare Career Pathways, studying for a three-year BSc in Paediatric Nursing at Kamuzu University of Health Sciences in Malawi. Today, she is working as a Child Health Nurse Specialist at David Gordon Memorial Hospital.

"This achievement would not have been possible without your unwavering support and belief in my abilities," she says. "I am confident that armed with this expertise, I will make a significant difference in paediatric healthcare."



Please help us to ensure care for tomorrow by donating today at www.emms.org/tomorrow or by calling 0131 313 3828

Women Leaders

EMMS International remains dedicated to supporting women leaders in healthcare, who are making a vital difference to patients.

As a consultant paediatrician, Amrita Shrestha first became involved in palliative care in 2018 when she began running a clinic for children with cerebral palsy.

Through the support of EMMS, she now heads up an integrated palliative care service for adults and children at Green Pastures Hospital in Pokhara, Nepal, having completed the National Fellowship of Palliative Medicine.



“Sometimes the parents were overwhelmed with the child’s condition. I realised that what was needed was a palliative care approach.”

Amrita Shrestha
Head of Palliative Care and Chronic Disease Unit at Green Pastures Hospital

Sunita



Palliative care is often not offered or seen as necessary in much of Nepal. Thanks to EMMS’s donors and match-funding by the UK Government, our Sunita work is about to enter its third year, setting up and monitoring dedicated palliative care services in the country’s most rural, hard-to-reach areas.

With the help of partners, we are building strong evidence to help the Government to roll out a national palliative care strategy. So far, the project has trained more than 530 community volunteers and 367 healthcare workers. EMMS also opened a dedicated palliative care wing at the Green Pastures Hospital in Pokhara.

Saving Young Lives

Andriya* comes from a village near Raxaul, India, where child marriage is a common practice. She thought this was her future too, until she joined our Healthcare Careers Pathway to study to become an Auxillary Nurse Midwife.

After the successful completion of her course, Andriya now works at Duncan Hospital, in Bihar, caring for mothers and their new babies. She is also able to provide for her own family and younger siblings.

“I am incredibly delighted and appreciative of the love I have received,” she says. “I live with hope for my future. I have become self-sufficient and independent. I am leading a peaceful life.”

*Names changed for students’ privacy.

“Andriya is a light in her community today and many young women are following her footsteps and daring to dream big.”

Dr Vandana Kanth
Duncan Hospital, Bihar, India



Nurses of the Future

By reaching out to its surrounding communities, The Duncan Hospital in Bihar, India, helps girls who might otherwise be denied access to healthcare, to get the care they require.

Many young girls in Bihar state are married as young as twelve. With poor healthcare already a reality, pregnancy and childbirth expose them to unnecessary risk when quality maternity care isn't available. Females are also often forced to leave work and education to care for relatives, meaning their poverty becomes further entrenched.

In 2030, The Duncan Hospital is reaching its centenary. With your help, The Duncan Hospital Centenary Vision will raise £4.41 million to build a new college of nursing and accommodation for 200 students. It will also fund our Healthcare Career Pathways, which support and train vulnerable women, and our COVID and palliative care work.

We are so close to our target, with just £42,000 left to go! Please contact Laura.Brown@emms.org for more information about how you could help us to provide essential opportunities and healthcare for the community's most vulnerable people.



Global Women in Healthcare Awards

On Saturday 9th March, EMMS International and the Royal College of Physicians of Edinburgh welcomed esteemed guests to the Elsie Inglis Charity Ball.

A highlight of a wonderful evening were the much-anticipated Global Women in Healthcare Awards, marking International Women's Day 2024 and celebrating the global impact of women working in healthcare. We were delighted to welcome shortlisted nominees from across the world, professionals who show true dedication to their work in health and healthcare and strive for excellence.

The full shortlist is available at:
<https://www.emms.org/post/awards-shortlist>

Dr Elsie Inglis Award Sponsored by Edinburgh College

Winner: Dr Kate Womersley
Runner-up: Dr Amina Khan

Rising Star Award Sponsored by Johnston Mailing

Winner: Dr Maneh Gizhlaryan
Runner-up: Dr Liana Romaniuk

Outstanding Leader Award Sponsored by Hilary Barnes Graphic Design

Winner: Dr Mumtaz Patel
Runner-up: Dr Vandana Kanth

Health Tech Award Sponsored by The Mackay Clinic

Winner: Charlotte Casebourne Stock and Margaret Duffy
Runner-up: Dr Maria Karvela

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